Shaped Sleeping Bag with Hood (by Jan Garton)

Knitted neck down.

Hood is added by picking up stitches afterwards.

Need

Please use white, cream or pale shades (white is preferred).
2ply with 2:5 needles (13's),
3ply with 2.75mm needles (12's),
4ply with 3.5mm needles (3.25mm (10's),
4 buttons.

Abbreviations

PM - place marker on the needle and move it up as you work each row.
st.st - Stocking Stitch (Knit one row, Purl one row)
g/st - Garter Stitch (Knit every row)
yo - yarn over needle to create a new stitch and a hole when knitted on next row.
inc - increase in next st by working into the front and back of the stitch.
K2tog - knit 2 stitches together through the front, making 1 stitch.

Tips

Slip the first stitch of every row purl-wise, makes a neat edge with 'give'

Leave a long length of cast-on yarn to sew buttons later.

For boys, put buttonholes on beginning of knit rows, girls at the end.

Knit any stitch variation that you like, but not too open or lacy.

Sleeping Bag

Cast on 34 sts loosely

Row 1: Knit.

Row 2: Knit, placing markers: K7, PM, K5, PM, K10, PM, K5, PM, K7.

Row 3, First buttonhole and increases: K2, yo, K2 tog, Knit, increasing in the stitches either side of the markers to end **- 42 sts**

Row 4 and every purl row: K4, Purl to last 4 sts, K4.

Keeping the garter stitch borders of 4 sts, continue to increase in the stitches both sides of the markers, until there are **66 stitches.**

(The last increase row will be: K9, inc, inc, K9, inc, inc, K14, inc, inc, K9, inc, inc, K9 **- 66 sts**)

Continue in stocking st with garter stitch borders for 10 more rows.

Next row and 2nd b/hole: K2, yo, K2tog, Knit to end.

Continue in stocking st with garter stitch borders for 15 rows.

Next row and 3rd b/hole: K2, yo, K2tog, Knit to end.

Continue in stocking st with garter stitch borders for 15 rows.

Next row and 4th b/hole: K2, yo, K2tog, Knit to end.

Continue in stocking st with garter stitch borders for 5 rows.

Shape Bottom

Row 1: K4, K2tog, Knit to last 6 sts, K2tog, K4 **- 65 sts**

Next Row and every purl row: K4, Purl to last 4 sts, K4.

Row 3: K4, (K5, K2tog), to last 4 sts, K4 **- 56 sts**

Row 5: K4, (K4, K2tog), to last 4 sts, K4 **- 48 sts**

Row 7: K4, (K3, K2tog), to last 4 sts, K4 **- 40 sts**

Row 9: K4, (K2, K2tog), to last 4 sts, K4 **- 32 sts**

Row 11: K4, (K1, K2tog), to last 4 sts, K4 **- 24 sts**

Row 13: (K2tog), across whole row **- 12 sts**

Next Row: (P2tog), across whole row **- 6 sts**

Cut yarn and thread it through remaining stitches.

Gather up bottom of sleeping bag then use yarn to sew buttonhole border over the top of the button border for the first half an inch from the bottom just to anchor it in place.

Add 4 buttons to correspond with the buttonholes.

Hood   (knitted from neck up)

With right side of work facing, pick up and knit **26 sts** around the neck omitting both borders.

Next Row: Knit.

Next Row: K3, inc in every stitch to last 3 sts, K3 **- 46 sts**

Next Row: K3, Purl to last 3 sts, Knit 3.

Work 26 more rows in st.st with g/st borders of 3 sts on both edges, then shape top:

Shape Top of Hood

Next Row: K19, (K2tog) 4 times, K19 **- 42 sts**

Next Row: K3, Purl to last 3 sts, K3.

Next Row: K17, (K2tog) 4 times, K17 **- 38 sts**

Next Row: K3, Purl to last 3 sts, K3.

Next Row: K15, (K2tog) 4 times, K15 **- 34 sts**

Cast off loosely, fold in half and sew top seam of hood, or cast off with the 3 needle method or the Kitchener stitch.

Pixie Hood Variation

After working the sleeping bag body, with right side of work facing you, pick up and knit **26 sts** around the neck omitting both borders.

Next Row: Knit.

Next Row: K3, inc in every stitch to last 3 sts, K3 **- 46 sts**

Next Row: K3, Purl to last 3 sts, Knit 3.

Work 31 more rows in st.st with g/st borders of 3 sts on both edges.

Then cast off loosely, fold in half and sew top seam of hood, or cast off with the 3 needle method or the Kitchener stitch.

Add a pompom or bow to the point of the hood if you like to decorate.

Jan's Tips

When increasing, I find it easier to count as I go rather than add markers. Using 'x' as sign for increase, this is my shorthand...

B/H 2 x x 3 x x 8 x x 3 x x 6 (42 sts)

7 x x 5 x x 10 x x 5 x x 7 (50 sts)

8 x x 7 x x 12 x x 7 x x 8 (58 sts)

9 x x 9 x x 14 x x 9 x x 9 (66 sts)

If you loose count of your rows between the buttonholes, you can count 8 g/st ridges in the border between each one.